



Garlo's Pies Product Specification



Sausage Roll 200g

Description Flaky and golden roll of pastry, filled with finely minced beef, diced onion and Garlo's special blend of spices.

Country of Origin Product of Australia, made in Sydney

Ingredients Water, Wheat Flour (Thiamine, Folic Acid), Beef Mince (17%), Margarine (Vegetable Oil, Salt, Emulsifiers (471, 472c), Antioxidants (304), Natural Flavour), Breadcrumbs (Yeast, Iodised Salt, Emulsifier (471)), Onion (3%), Seasoning (Sugar, Dehydrated Vegetables (Onion, Garlic), Caramel Colour (150c), Herbs & Spices, Corn Flour, Flavour Enhancer (635), Hydrolised Vegetable Protein), Black Pepper, Thyme, Glaze (Colours (102, 123)).

Nutritional Information

	Avg Per Serve*	Avg Per 100g
Energy	2336 kj	1168 kj
Protein	13.2 g	6.6 g
Fat - Total	29.6 g	14.8 g
Fat - Saturated	16.4 g	8.2 g
Carbohydrate	59.8 g	29.9 g
Sugars	3.6 g	1.8 g
Sodium	980 mg	490 mg
*Serving size : 200g		

Allergen Status Contains Gluten (Wheat), Soy and Milk products (Milk Solids). Made in a facility that produces Egg, Fish, Crustacea and Sesame products. May contain traces of Peanuts, Treenuts & Sulphites.

Cooking Instructions CONVECTION OVEN: Preheat oven to 175°C. If refrigerated, heat for 20-25 mins. If frozen 30-35 mins. Heat until thoroughly hot before eating.
 MICROWAVE OVEN (800 WATT): A microwave may be used to speed up heating time. If refrigerated heat on high for 1 1/2 mins. If frozen heat on high for 5 mins. To make pastry crispy after microwaving, place in convection oven for 4 mins on 200°C.
 Instructions are a guide only as individual oven characteristics may vary.

Suitability Data

Suitable for vegetarians	No
Suitable for vegans	No
Halal certified	Yes
Kosher certified	No

Product Image

