



Garlo's Pies Product Specification

Junior Sausage Rolls 12 Pack 780g

Description

Flaky and golden roll of pastry, filled with finely minced beef, diced onion and Garlo's special blend of spices.

Country of Origin

Product of Australia, made in Sydney

Ingredients

Wheat Flour (Thiamine, Folic Acid), Beef Mince (20%), Water, Margarine (Vegetable Oil, Salt, Emulsifiers (471, 472c), Antioxidants (304), Natural Flavour), Breadcrumbs (Yeast, Iodised Salt), Onion (3%), Seasoning (Sugar, Dehydrated Vegetables (Onion, Garlic), Caramel Colour (150c), Herbs & Spices, Corn Flour, Flavour Enhancer (635), Hydrolysed Vegetable Protein), Black Pepper, Thyme, Glaze (Milk Solids, Acidity Regulators (500, 451), Colour (160b)).

Nutritional Information

	Avg Per Serve*	Avg Per 100g
Energy	715 kj	1100 kj
Protein	4.5 g	6.9 g
Fat - Total	9.3 g	14.3 g
Fat - Saturated	5.5 g	8.5 g
Carbohydrate	17.4 g	26.7 g
Sugars	1.5 g	2.3 g
Sodium	273 mg	420 mg
*Serving size : 65g		

Allergen Status

Contains Gluten (Wheat), Soy and Milk products (Milk Solids). Made in a facility that produces Egg, Fish, Crustacea and Sesame products. May contain traces of Peanuts, Treenuts & Sulphites.

Cooking Instructions

CONVECTION OVEN: Preheat oven to 175°C. If refrigerated, heat for 20-25 mins. If frozen 30-35 mins. Heat until thoroughly hot before eating.

MICROWAVE OVEN (800 WATT): A microwave may be used to speed up heating time. If refrigerated heat on high for 1 1/2 mins. If frozen heat on high for 5 mins. To make pastry crispy after microwaving, place in convection oven for 4 mins on 200°C.

Instructions are a guide only as individual oven characteristics may vary.

Suitability Data

Suitable for vegetarians	No
Suitable for vegans	No
Halal certified	Yes
Kosher certified	No